

Cyber bullying

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Definition

Cyberbullying is bullying that takes place over digital devices like cell phones, computers, and tablets. Cyberbullying can occur through SMS, Text, and apps, or online in social media, forums, or gaming where people can view, participate in, or share content.

Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation. Some cyberbullying crosses the line into unlawful or criminal behaviour.

Cyberbullying occurs on

- Social Media, such as Facebook, Instagram, Snapchat, and Twitter
- SMS (Short Message Service) also known as Text Message sent through devices
- Instant Message (via devices, email provider services, apps, and social media messaging features)
- Email

Examples of Cyberbullying

- Sending mean emails, texts or instant messages.
- Sending neutral messages to someone to the point of harassment.
- Posting hurtful things about someone on social media.
- Spreading rumours or gossip about someone online.
- Making fun of someone in an online chat that includes multiple people.
- Attacking or killing an avatar or character in an online game, constantly and on purpose.
- Pretending to be another person by creating a fake online profile.
- Threatening or intimidating someone online or in a text message.
- Taking an embarrassing photo or video and sharing it without permission.